

How can you help?

Sponsor a child:

\$5.00 will feed one child for one week or \$200 will provide meals for the whole school year.

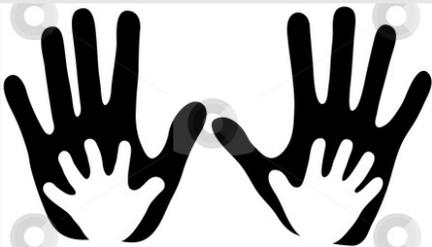
Donations can be sent to:

First Bank and Trust
301 W Main St
White, SD 57276

or dropped off at:

First Bank in White or Brookings
(attn.: Deubrook Backpack Project)

Volunteer to pack food bags, deliver food bags or help with fundraising events. Please contact the school if you are interested in volunteering!



What Is "Food Insecurity?"

Food insecurity refers to USDA's measure of lack of access, at times, to enough food for an active, healthy life for all household members and limited or uncertain availability of nutritionally adequate foods.

Food insecure households are not necessarily food insecure all the time.

Food insecurity may reflect a family's need to make trade-offs between important basic needs, such as housing or medical bills, and purchasing nutritionally adequate foods. Food insecurity exists in every county in South Dakota. But not everyone struggling with hunger qualifies for federal nutrition assistance.

Hunger deprives our kids of more than just food.

For the nearly 13 million kids in the U.S. facing hunger, getting the energy they need to learn and grow can be a day-in, day-out challenge.

Children facing hunger may struggle in school — and beyond. They are more likely to repeat a grade in elementary school, experience developmental delays, and have more social and behavioral problems.

Deubrook Backpack Project

All it takes is somebody who cares to make a difference in someone's life.



Who is eligible & how do we sign up?

All children enrolled in the Deubrook Public School District are eligible... there is no other eligibility requirement.

This program is not associated with the free or reduced-cost lunch program.

All information is kept strictly **confidential** by the school superintendent, Dr. Kimberly Kludt.

Please simply email or call.

- kim.kludt@k12.sd.us
- 605-629-1100

What is our mission?

The Deubrook Backpack Project (DBP) works to provide a **free supply of meals and snacks** to students in grades PreK-grade12 who may need an additional food resource over weekends during the school year. The food is given to the children before they leave school each Friday (or, in case of holiday, the last day before the break). By helping these children the DBP seeks to not only meet their nutritional needs, but also to promote their physical, cognitive, and social development and also to enhance their overall well-being.

Many times these students have poor attendance and/or grades because they are missing meals when school is not in session. It is our hope that by providing nutritious and easy-to-prepare meals and snacks for weekends and holidays, the DBP will alleviate the negative effects of food insecurity and promote health and physical development as well as the ability to learn and study.

The DBP was started by the White United Methodist church to fill a need in our community; it soon became a **community project**.

What is included?

The following are typical food items students could expect to receive:

- Easy-Mac
- Canned corn/beans
- Ravioli
- Canned fruit
- Juice boxes
- Trail mix
- Cold/hot cereals
- Fruit snacks
- Pudding

