

Wrestling



Deuel-Deubrook High School/JV 2018-19 Season

Practice will start November 12th

Practice: Monday- Friday 5:00 PM-6:30 PM

High School wrestling coach: Jerry Salanoa 605-520-0054

Hightschool Weights:

106, 113, 120, 126, 132, 138, 145, 152, 160, 171, 189, 220, 285 max

Junior Varsity: Any weight

Practice will start with basics, so any level can join!

Welcome first-time wrestlers- come try out practice!

Practice will be held at the Deuel High School in wrestling room

410 5th St. W, Clear Lake, SD 57226

**Any questions contact Jerry at 605-520-0054 or
jerome.salanoa@itctel.com**

Wrestling Coach will be at Deubrook's winter sports meeting November 19th at
6:30 PM for further questions!